

## **FL Urethane Plates**

A classic look with with wide handles for sure gripping. The two large, easy to read, weight markings can be colour co-ordinated with a customized laser engraved logos.



- Thick, high grade German urethane
- Wear resistant matte texture finish
- Urethane covered centre hubs
- Large area for customized logos

#### FL Rubber Plates



2.5, 5, 10, 25, 35 and 45 lbs 1.25, 2.5, 5, 10, 15, 20 and 25 kgs Our newly designed plate, encased in a thick coating of rubber, offers an attractive, durable, economy priced option. No offensive odour or recycled rubber used.



- Thick rubber coating
- Wear resistant matte texture
- Three comfortable hand grips
- Large easy to read numbers

#### **FL Urethane Dumbbells**



Solid steel one piece construction. Handles ae chamfered, press-fit and welded into the dumbbell heads and then encased in a thick coating of German urethane. No bolts or screws to come loose.



5 to 100 pounds in 5 lb increments 2.5 to 50 kilos in 2.5 kg increments

- Large permanently attached numbers
   Industrial hard chromed handle
- Medium diamond knurled grip
- Large area for customized logos

#### FL Rubber Dumbbells

Solid steel, one piece constructed, cores encased in good quality first-run rubber. FL Rubber Dumbbell heads will not loosen. Durable, attractive and economically priced.



• Thick, durable rubber coating · Large permanently attached numbers

Industrial hard chromed handle

· Textured wear resistant finish

5 to 100 pounds in 5 lb increments 2.5 to 50 kilos in 2.5 kg increments

#### FL Urethane Barbells

10 bar pound set including  $10,\,20,\,30,\,40,\,50,\,60,\,70,\,80,\,90$  and 100 lbs 10 bar kilo set including  $10,\,12.5,\,15,\,17.5,\,20,\,25,\,30,\,35,\,40$  and 45 kg

Solid steel one piece construction. Bars are chamfered, press-fit and welded into the barbell heads and then encased in a thick coating of German urethane. No bolts or screws to come loose.



## FL Rubber Barbells

Solid steel, one piece constructed, cores encased in good quality first-run rubber. FL barbell heads will not loosen. Durable, attractive and economically priced.



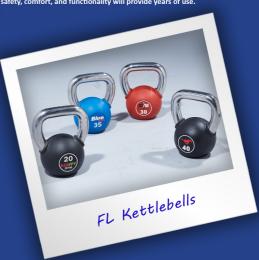
10 bar pound set including 10, 20, 30, 40, 50, 60, 70, 80, 90 and 100 lbs 10 bar kilo set including 10, 12.5, 15, 17.5, 20, 25, 30, 35, 40 and 45 kg

- Industrial hard chromed bars
- Textured wear resistant finish

### FL Kettlebells



10 to 60 pounds in 5 lb increments 70 to 90 pounds in 10 lb increments 4 to 40 kilos in 4 kg increments Our attractively designed kettlebells are easily identifiable by colour and the large easy to read weight indications. Design features for durability, safety, comfort, and functionality will provide years of use.



Stainless steel handles
Colour coded sizes
Large easy to read numbers
Customized logos available

# FL Beautybells



2 to 20 pounds in 2 lbs increments 25 to 45 pounds in 5 lbs increments 1 to 10 kilos in 1 kg increments 12 to 20 kilos in 2 kg increments Our new beautybell has been specifically designed for group fitness and functional training. Its "anti – roll" design allows it to be safely used in group fitness classes.

